

“...it’s really important to explain what these things are...so many emails get sent around but, it’s important to actually demonstrate the features, e.g., in our teaching sessions.”

- Psychiatry Trainee (Dr)

Addressing physical healthcare in mental health settings: implementation and evaluation of two novel interventions

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Interventions



1. Communications Platform



2. Physical Health Clinic

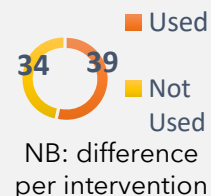
Aims²

1. Assessment & optimisation of implementation strategies
2. Assessment of acceptability & feasibility (uptake, outcomes, feedback)
3. impact evaluation and economic evaluation to inform future roll out

Implementation domains

Develop stakeholder interrelationships
Engage consumers
Train and educate stakeholders

↑ most used
ERIC Strategies³
over 28 months



Results

1

100% wards make use of the Physical Health Clinic
>70% ‘Consultant Connect’ calls result in an avoided referral or transfer
>250 referrals to physical Health Clinic
>3000 calls via Consultant Connect
>600 downloads of Consultant Connect app

Interviews with users (CC=10 / PHC=8)

KEY THEMES: *hearing about the intervention; rationale for use/continued use; challenge of use; patient involvement*

2

AIM / IAM / FIM⁴ results indicate implementation success with both interventions scoring >4 avg. per measure

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2. Williams, J., Fairbairn, E., McGrath, R., Clark, A., Healey, A., Bakolis, I., ... Sevdalis, N. (2021) Development and rapid evaluation of services to support the physical health of people using psychiatric inpatient units during the COVID-19 pandemic: study protocol. *Implementation Science Communications* 2 (12) doi:10.1186/s43058-021-00113-0
3. Powell B, Waltz TJ, Chinman M, Damschroder LJ, Smith JL, Matthieu MM, et al. A refined compilation of implementation strategies: results from the expert recommendations for implementing change (ERIC) project. *Implementation Sci.* 2015;10:1-14.
4. Weiner, B. J., Lewis, C. C., Stanick, C., Powell, B. J., Dorsey, C. N., Clary, A. S., Boynton, M. H., & Halko, H. (2017). Psychometric assessment of three newly developed implementation outcome measures. *Implementation Science*, 12(108), 1-12. doi: 10.1186/s13012-017-0635-



Take a look at our project webinars



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