

Specifying and reporting implementation strategies used in the implementation of matrix support in mental health care in a medium-sized Brazilian city

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PROBLEM: Studies on the strategies used to implement matrix support in Brazil are still scarce.

AIM: To specify and report the strategies used to implement matrix support in a medium-sized municipality.

METHODS: Following the conclusion of a 3-year implementation process, core research team members identified the implementation strategies that supported intervention delivery using the established taxonomy of implementation strategies proposed by the ERIC compilation [2]. The actors, actions, action targets, temporality, dose, and implementation outcomes were specified using the implementation strategies reporting guideline proposed by Proctor et al. (2013) [3].

24 IMPLEMENTATION STRATEGIES

Most used categories: Develop Stakeholder Interrelationships; Train and Educate Stakeholders; and Use Evaluative and Iterative Strategies.

Actors: Members of the research team; Managers and workers of local health services; and Members of partner universities.

Temporality/Dose: Multiple times during the preparation and implementation phases.

Most often action targets: Characteristics of the inner setting; Characteristics of individuals; and Implementation process.

Predominantly targeted implementation outcomes: Acceptability; Adoption; Appropriateness; and Fidelity.

References: 1. Treichel, C., Campos, R., & Campos, G. The consolidation and effectiveness of matrix support in mental health in Brazil - bottlenecks and challenges. *Interface - Comunicação, Saúde, Educação*, 23, e180617 (2019). <https://doi.org/10.1590/Interface.180617>. 2. Powell, B.J., Waltz, T.J., Chinman, M.J. et al. A refined compilation of implementation strategies: results from the Expert Recommendations for Implementing Change (ERIC) project. *Implementation Sci* 10, 21 (2015). <https://doi.org/10.1186/s13012-015-0209-1>. 3. Proctor, E.K., Powell, B.J. & McMillen, J.C. Implementation strategies: recommendations for specifying and reporting. *Implementation Sci* 8, 139 (2013). <https://doi.org/10.1186/1748-5908-8-139>

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