

What is needed to implement self-management support (SMS) in cancer care delivery? A qualitative study of SMS implementation in Ireland

Nickola D. Pallin¹, Sheena McHugh¹, Josephine Hegarty², Roisin M. Connolly³, John Browne¹

¹School of Public Health, University College Cork, Cork, T12 XF62

²School of Nursing and Midwifery, University College Cork, Cork, T12 AK54

³Cancer Research @UCC, College of Medicine and Health, University College Cork, Cork, T12 AK54

Contact: Nickola Pallin: npallin@ucc.ie

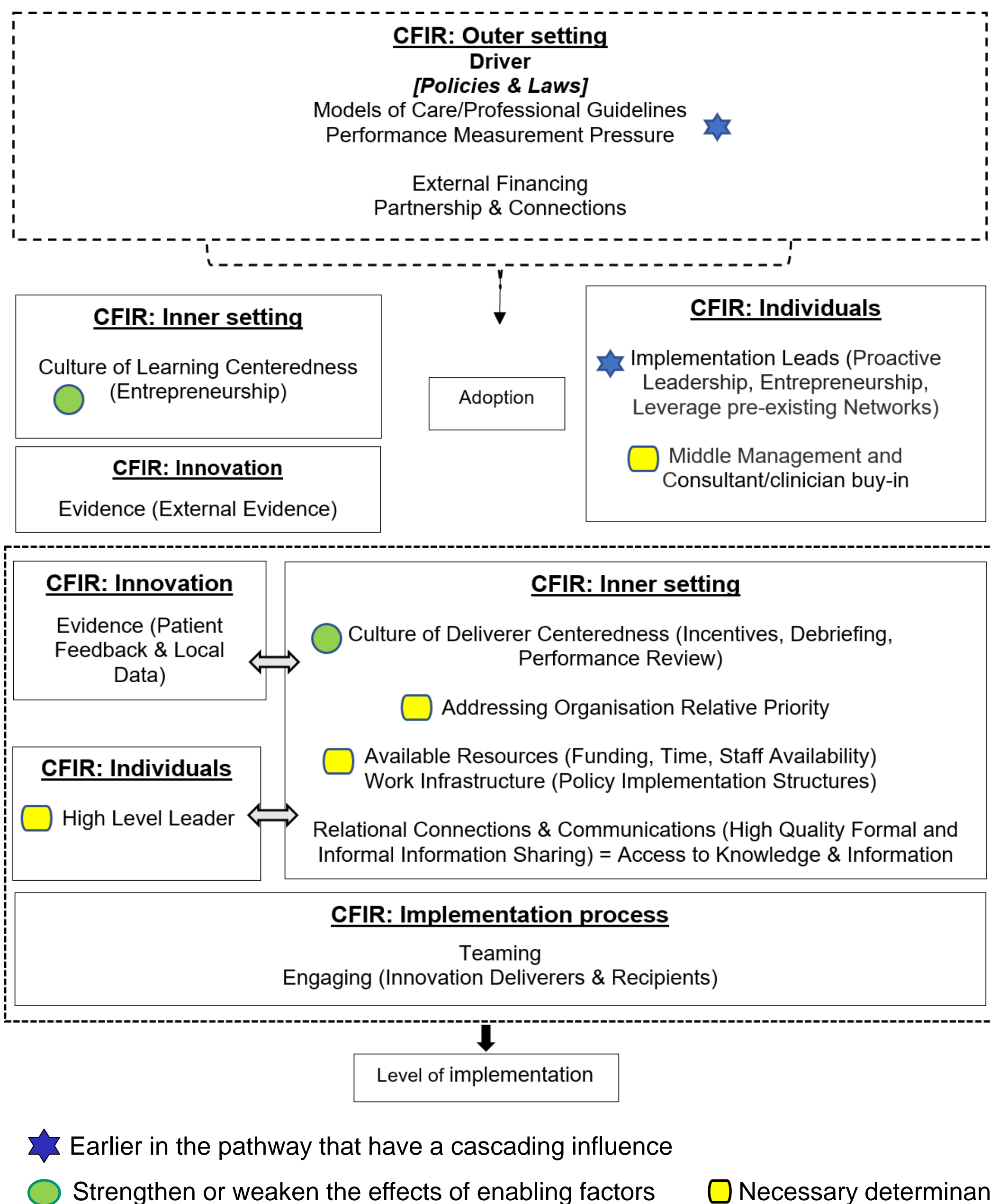
BACKGROUND

- Policy in the Republic of Ireland recommends that cancer services implement survivorship programs which includes self-management with support.¹
- Cancer Thriving and Surviving (CTS) has been rolled out nationally in Ireland and our aim was to examine the facilitators and barriers of its implementation and reach, to inform the design of future implementation strategies to support reach.²
- CTS is a structured small-group intervention (2.5 hours each) delivered over six weeks online or in person and is delivered by one cancer survivor and one healthcare professional.

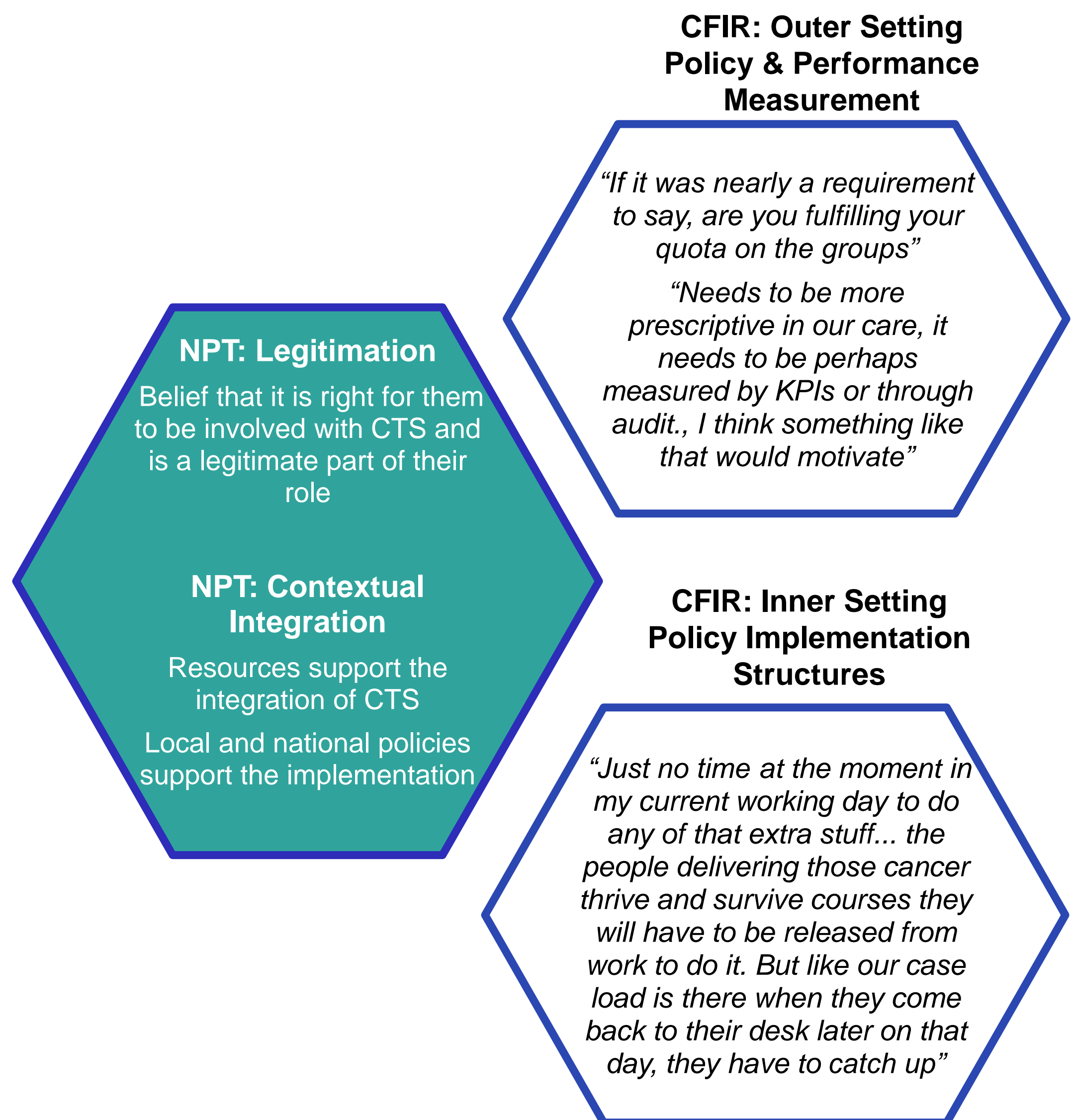
METHODS

- 1-1 interviews with 47 key informants from 19 organisations.
- The Consolidated Framework for Implementation Research (CFIR) informed the topic guide and analysis.³
- To explore how and why determinants influence implementation, qualitative interviewing can elicit implicit causal explanations and relationships. Post-hoc approach: **Since, because, if-then.**⁴
- Normalisation process theory (NPT) also guided how and why determinants may influence implementation as it characterises mechanisms of implementation (Coherence, Cognitive Participation, Collective Action, Reflexive Monitoring).⁵

DETERMINANTS OF IMPLEMENTING CTS



HOW & WHY DETERMINANTS MAY INFLUENCE IMPLEMENTATION



NEXT STEPS

Findings highlight key determinants and relative importance of determinants to inform prioritisation, and will inform subsequent strategy-mechanism-determinant matching.

1. Department of Health. National Cancer Strategy 2017 - 2026. 2017.
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5. May C, Finch T. Implementation, embedding, and integration: an outline of Normalization Process Theory. Sociology. 2009.43(3):535-54.